# united way of Trumbull County

## **NEWSLETTER**

**July 2018** 





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Are you a United Way partner agency interested in having a featured article in our newsletter? Email your stories, testimonies, upcoming events and photos to crogers@unitedwaytrumbull.org





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### **United Way of Trumbull County United We Win.**

CONNECT WITH US! F O U











### **OUR MISSION**

To work together to create sustainable change with an emphasis on income, education. health and meeting basic needs.

### **OUR VISION**

To inspire and build a community where everyone has the opportunity to reach their full potential.



### Nine is Fine Golf Outing & Premier Mixer a Great Success



United Way of Trumbull County hosted its' second Nine is Fine Golf Outing at Trumbull Country Club in Warren, Ohio, on Thursday, June 28. Golfers enjoyed a sunny afternoon of 9 holes, lunch, drinks and networking.

Best team went to the Stanwade group; Steve Woofter, Dennis Piper, Barry Piper and Larry Waters; longest drive on hole #1 by men, Simon Werle; longest putt on hole #2, Kevin Blair; Closest in 2 on hole #4, Joe Kilgore; longest drive on hole #5 by women, Sally Taylor; Longest putt on #6 and Closest in 3 on #7, Barry Piper, Closest in 2 on

hole #9, Bob Vanfossan; and, Steve Woofter won the cash from the 50/50 Putting Contest and Raffle.

Immediately following the outing, golfers joined our mixer guests at the clubhouse to enjoy live music, hors d'oeuvres, drinks, and additional prizes.

We would like to thank all of those who came out in support of United Way and to extend a special thank you to the following sponsors and volunteers:

- **Event Sponsor:** Stanwade Metal Products, Inc.
- Hole-in-One Sponsors: Greenwood Chevrolet and Trumbull Regional Medical Center
- **50/50 Putting Contest Sponsor:** Cortland Bank
- **Door Prize Sponsor:** Farmers Trust Company
- Hole Sponsors: Albert Guarnieri & Company, Cortland Bank, Dr. Lance and Mrs. Dianne Grahn, Help Network of Northeast Ohio, Laborers Local 935, Dr. James LaPolla, Jr., Lewis Construction, Paige & Byrnes Insurance, Potential Development, Routh-Hurlbert Real Estate, Tim Ryan for Congress, Trumbull Industries, Trumbull Mobile Meals, Trumbull Regional Medical Center, Western Reserve Building Trades, Greenwood Chevrolet, One Health Ohio, Family & Community Services, Inc. and United Steelworkers Local 2155.
- Volunteers: Dante' Capers of Warren G. Harding High School; Sharon Drummond of the Warren Junior Women's League; Kathy Kiniklis of Mercy Health; Terri Ann Naughton of the 910<sup>th</sup> AW/SGOW; and Jody Stringer, retiree of the Laborers Local 935.

Proceeds from the outing help to support vital education, health, income and basic needs programs in Trumbull County.

## **UWTC Board of Directors**

#### John Walsh

Chairman of the Board

#### Eric J. Lanham

Vice Chairman of the Board Seven Seventeen Credit Union

#### **H. Scott Masters**

Treasurer of the Board Berkman, Jorgensen, Masters & Stafman, LLC

#### **Esther Buschau**

The Cafaro Company

#### **Dante Capers**

Warren City Schools

### **Mayor Douglas Franklin**

City of Warren

#### Dr. Lance Grahn

Kent State University Trumbull Campus

#### Joe Johnson

Cortland Bank

#### **Kathleen Kiniklis**

Mercy Health

#### James Ledenko

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### Melissa M. Maki

The Middlefield Banking Company

#### **Mathew Martin**

Trumbull Neighborhood Partnership

### Don Moore

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**Trumbull County Action Program** 

#### **Robert Nemeth**

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### John Rossi, Esq.

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First Energy

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Warren Area Board of Realtors/Howard Hanna

#### **Todd Weddell**

United Steelworkers Local 2155

#### James A. Whetstone

Warren Toyota Volvo Jaguar

### **United Way Celebrates 95 Years**

United Way of Trumbull County kicked off the celebration of its' 95<sup>th</sup> anniversary at this year's Annual Meeting and Awards Luncheon held May 17th at the Avalon Inn in Howland.

Ginny Pasha, United Way President, spoke on the 2017 successes of the organization, including the expansion of Ready Set, Go!, a summer literacy intervention program for kids transitioning from second to third grade, and the expansion of the Read 4 Fun event, Dr. Seuss Day, into 16 school districts for a total of 240 classrooms across Trumbull County.

Pasha also recognized The Partnership for Financial Empowerment for serving more than 2,500 income tax filers at free income tax preparation sites across the county and during their "Last Chance Saturday" event, which resulted in over \$4 million dollars that staved in the hands of our low-income filers who need it most.



In addition, United Way partnered with Second Harvest and the YWCA of Warren to open Trumbull County's first school pantry, the Raider Pantry, located in Warren Harding High School, followed by additional pantries in the Willard and Jefferson PK-8 buildings.

GuideStar awarded United Way of Trumbull County with their highest level of recognition, the Platinum Seal of Transparency. This level was earned by sharing detailed quantitative measures of progress towards fulfilling United Way's overall mission.

Other highlights included the following awards presented to local businesses and individuals:

- Employees and management of the GM Complex accepted the Give Award for securing the largest workplace campaign during 2017.
- Trumbull County Probate Court, Stanwade Metal Products and Trumbull County Mental Health & Recovery Board also receiving the Give Award for 100% employee participation.
- **The Cafaro Company** received the Advocate Award for not only financially supporting UWTC's Reading Great by 8 initiative, but for helping create a Read 4 Fun event, the Seusstastic Reading Challenge, that brought a fun reading challenge for K-2 students across the county. This event also helped to increase program participation.
- **Arconic** received the Advocate Award for encouraging young women (ages 11 through 18) to consider a career in STEM through their support of the YWCA's Girls Club program.
- **Steve Chiaro,** Superintendent of Warren City Schools, received the Advocate Award for his advocacy for United Way to the entire Warren School District and the Warren community.
- The Volunteer Award was presented to Steven Pavlak, Manager of Respiratory Care at Mercy Health, for his leadership in the campaign and participation with United Way@Work and Read 4 Fun; and Russell Sigworth, UAW Local 1112, and Western Reserve Building Trades for their participation and dedication to United Way@Work.
- The 2017 recipients of the Give, Advocate and Volunteer Awards were Greenwood Chevrolet, Kent State University Trumbull Campus and individual, Melissa Maki, with The Middlefield Banking Company.
- A special award, The Legacy Award, was presented to the Raymond and Janice Bland Family for the family's generous contribution. Accepting the award on behalf of the family were daughters Joyce Brothers and Karen Peterson.

The meeting closed with a special presentation that showcased programs delivered by partner agencies serving people in Trumbull County from cradle through grave.

# 2018-19 Partner Agencies

American Red Cross Lake to River Chapter

Big Brothers Big Sisters of Mahoning Valley

Boy Scouts of America Great Trails Council

Catholic Charities Regional Agency

Children's Rehabilitation Center

Community Volunteer Council

Easter Seals and Youngstown Hearing & Speech

**ESOP** 

### Family & Community Services

- -Foster Grandparents Program
- -SCOPE Senior Services
- -Solace Center
- -Someplace Safe

**Girl Scouts of NE Ohio** 

**Goodwill Industries** 

Greater Warren-Youngstown Urban League

Help Network of Northeast Ohio

**Inspiring Minds** 

Niles Community
Services

Potential Development Program

**Salvation Army** 

Second Harvest Food Bank

**Trumbull Family Fitness** 

**Trumbull Mobile Meals** 

YWCA of Warren

## **WORKPLACE CAMPAIGN CORNER**



### **How to Live United in the Workplace**

It takes more than luck to achieve a better, stronger community. It takes people like **YOU!** By participating in a United Way of Trumbull County Workplace Campaign, you and your company may experience many engagement opportunities; whether it's giving to causes your company and employees care about, volunteering at one of our impactful events or advocating on behalf of those less fortunate – A United Way Workplace Campaign gives employees the opportunity to work together on the common goal of improving the community where we live and work, because everyone knows, **UNITED WE WIN!** 



Visit www.unitedwaytrumbull.org to register for your workplace campaign today!



### **WORKPLACE CAMPAIGN SPOTLIGHT**

### Target is known for their Generous Spirit of Giving

We would like to thank Target for the successful completion of their 2018 United Way Workplace Campaign.

Target is a national education partner with United Way and helps communities across the country collaborate better to improve education, ensuring more young people graduate from high school and college. For this reason, Target has been recognized as an Outstanding Strategic Partner by United Way Worldwide. The Niles store operates an annual employee campaign and conducts annual store fundraisers.

Target is known for dependable merchandise, fair business practices and a generous spirt of giving. We are grateful to have their presence here in Trumbull County.



Marissa and Stephanie, who coordinated the local Target store's 2018 UWTC Campaign, are seen here with the 2018 Chevy Cruze generously donated by Greenwood Chevrolet. Anyone giving \$5 a week is eligible to WIN the Cruze or \$15,000 cash!

#### Interested in hosting a workplace campaign event?

Hosting a United Way campaign event is a great way to get your employees involved in your campaign and can be done anytime throughout the year. We foster an atmosphere of excitement by highlighting the many ways United Way of Trumbull County is making a difference in our community. For more information, call Christine Cope, Director of Resource Development & Marketing at 330-369-1000, ext. 28 or visit www.unitedwaytrumbull.org.

# **Volunteer Opportunities**

#### **Family & Community Services**

Daily need for volunteers. Must complete application. Where: 705 Oakwood St., Suite 221, Ravenna, 44266 Phone: 330-297-7097

#### **Girl's Camp Mentors**

July-August 2018 Where: YWCA Warren, 375 N. Park Ave., Warren, 44481 Phone: 330-373-1010

#### Second Harvest Food Bank

Ongoing need for volunteers. Where: 2805 Salt Springs Road, Youngstown, 44509 Phone: 330-792-5522

### **Cortland Bank Gives, Advocates and Volunteers**



Debbie Kelly is one of several Cortland Bank volunteer readers who participates during United Way's Dr. Seuss Day.

Cortland Bank is an independent community bank that operates 7 of their 13 banking offices right here in Trumbull County. Their commitment to United Way and the people of Trumbull County testifies that they are a "community" bank that strives to enhance the communities in which they serve.

Cortland Bank not only conducts a United Way campaign, members of their staff also volunteer for Read 4 Fun's Dr. Seuss Day and United Way@Work.

Cortland Bank is also a partner in United Way's Trumbull County Partnership of Financial Empowerment initiative, which supports the bank's mission to develop engaging financial literacy programs for youth and to teach and grow financial skills and knowledge.

### **Trumbull Family Fitness**

Daily need for volunteers. Must meet criteria. Where: 210 High Street, NW, Warren, 44481 Phone: 330-394-1565

### **Trumbull Mobile Meals**

Daily need for volunteers Where: 323 E. Market Street, Warren, 44481 Phone: 330-394-2538

### United Way @ Work 2018

August 24, 2018 Where: The Eastwood Mall Center Concourse, Niles, 44446 Phone: 330-369-1000, ext. 29

For the most up-to-date information on volunteer opportunities, visit www.unitedwaytrumbull.org

### **PARTNER AGENCY SPOTLIGHT**

Learn more about the good work of our partner agencies by visiting unitedwaytrumbull.org/success-stories.

The **YWCA Mahoning Valley** successfully completed their STEAM-based summer camp, Girls' Success for girls ages 15-18 on July 6. Girls' Success, which is based at YWCA's Warren location, aims to address the gender gap in science, technology, engineering, and mathematics. The camp provides resources and workshops that work with girls to engage their interest in STEM fields and keep them interested for future STEM careers. This summer, the girls attended fieldtrips and workshops at Baldwin Wallace University, Warren Fabricating, St. Joseph Warren Hospital, Kent State University of Trumbull and Quality Electric where they learned about a variety of STEM-related careers.

Girls' Camp, a program for girls ages 11-14, officially started today and will run through August 10. The middle school girls will experience a week at "OH WOW!" and The Roger and Gloria Jones Children's Center for Science and Technology and attend fieldtrips to St. Joseph of Warren and Kent State University of Trumbull. Girls' Camp also focuses on youth expression through *Girl's Circle* curriculum, a curriculum that exposes the girls to art, lessons, activities, and discussions with focus on important areas of self-development and healthy self-expression.

The expansion of YWCA's Warren STEAM programming for girls was made possible by United Way of Trumbull County in partnership with the Arconic Foundation.

The YWCA's mission through Girls' Success and Girls' Camp is to encourage girls to explore STEM-related careers, increase their chances of academic success, and be healthier and more self-assure and confident. For more information about these two programs, contact Robin Perez, Teen Programs Coordinator at (330) 373-1010 or <a href="mailto:robin.perez@ywcaofwarren.org">robin.perez@ywcaofwarren.org</a>.



Designate your United Way donation to anyone of our partner agencies today!

Are you a United Way partner agency interested in having a featured article in our newsletter? Email your testimonies, upcoming events and photos to info@unitedwaytrumbull.org



### Reading Great by 8 Sponsors

**Arcelor-Mittal Foundation** 

**Cafaro Foundation** 

**Chemical Bank** 

**Lipscher Foundation** 

Kinsman United Methodist Church

**Kiwanis Club of Warren** 

**Rotary Club of Kinsman** 

**Routh-Hurlbert Real Estate** 



# **Suicide is a health issue. Mental wellness is important.**

KNOW THE SIGNS

Suicidal Thoughts · Anger · Trapped Recklessness · Purposelessness Withdrawal · Mood Changes Substance Abuse · Hopelessness · Anxiety

### 2-1-1 Provides Life Saving Help for Everyone

When she was just 13, Sophia began struggling with depression. She had little energy, little appetite, and trouble sleeping. She tried therapy, hospitalization, and medication to manage her depression and the impulse to self-harm, but found herself thinking about suicide on more than one occasion.

She found out about **2-1-1** and called to speak to someone during some of her lowest moments, finding their support and kindness to be just what she needed.



"If I was home alone and tempted to self-harm or something.... they were always great at talking me through it," said Sophia, who lives in Maryland. Sophia is among the millions of people who rely on 2-1-1 for support and assistance during a mental health crisis or when seeking advice on behalf of a loved one. She is also one of the 16 million Americans who struggles with depression each year, and is part of a generation whose **suicide rate** has been increasing for the past few years. Unfortunately, too many people who struggle like Sophia did are lost to suicide each year—almost 45,000 people in the U.S. in 2016.

The recent deaths of Anthony Bourdain and Kate Spade are tragic reminders that struggling with mental illness and suicidal thoughts don't discriminate. Suicide impacts families across the U.S. regardless of race, ethnicity, income level, or employment status. Too many Americans can't afford life-saving treatments and therapies, while many others aren't even aware that resources exist or that the symptoms they notice in loved ones are indicative of a mental health crisis.

As we mourn the loss of Mr. Bourdain and Ms. Spade, we encourage you to learn more about the **symptoms and signs** of suicide ideation and to seek help if you are struggling. The **National Suicide Prevention Lifeline** is available 24/7 at 1-800-273-8255.

Article courtesy of RACHEL KRAUSMAN, Senior Director for 2-1-1 at United Way Worldwide.

If you need assistance finding a local counseling center, therapy option, or other resource, **dial Help Network of Northeast Ohio at 2-1-1** to speak to a specialist.







Learn more about Help Network of Northeast Ohio and 2-1-1 in our next issue.

# Here's how YOU can be a part of the CHANGE.

Your involvement makes ALL the difference and unites us in our effort to create lasting change in Trumbull County

### How you can GIVE.

Your donation to United Way of Trumbull County plays a critical role in creating hope and opportunities for our neighbors, friends, families and the overall community. We work to obtain a deep knowledge of the community's needs, which in return allows us to offer our donors assurance that their gifts are being used in the most efficient and effective way. The staff of United Way knows how busy day to day life can be, so we make giving convenient for you!

- Simply text the keyword **"Trumbull"** to **41444** and you'll receive a text message linking you to our secure donation site.
- Make a recurring donation through payroll deduction. See your payroll department for details.
- Visit our website and click on the **DONATE** tab. Here, you can read about how your gift is making a difference.
- At no cost to you, support us through AmazonSmile by selecting United Way of Trumbull County as your charity.

### How you can ADVOCATE.

When you advocate for United Way, you spread the word about our collective impact and help influence the lives of individuals and families through our work and the work of our partner agencies.

- Give a testimonial about why you give or how UWTC has helped you, a friend, or family member. Testimonials can be sent via email to crogers@unitedwaytrumbull.org.
- Follow us and give us a shout out on social media.
- Like and share our social media and blog posts.

### How you can VOLUNTEER.

United Way of Trumbull County's mission to create sustainable change is fueled by the passion and hard work of our volunteers. We make sure to post all of our current and upcoming UWTC and partner agency volunteer opportunities in our newsletter and website!

- Become a volunteer reader for one or more of our Reading Great by 8 programs.
- Gather up your family, friends or coworkers for our annual United Way @ Work
  day where teams of community volunteers will participate in outdoor yard projects
  for those in need.
- Volunteer at one of our local partner agencies.

# This is **YOUR** United Way!





### **CURRENT & UPCOMING EVENTS**

### **OPERATION BACK 2 SCHOOL**

Dates: July 16-August 10, 2018

**Location:** For a complete list of locations, visit the below webpage.

To register to be a host, please visit our webpage at https://www.unitedwaytrumbull.org/copy-of-operation-back-2-school or call Cindy Rogers at 330-369-1000, ext. 29.

### **More about Operation Back 2 School**



Operation Back 2 School is a community-wide school supply drive geared towards helping low-income students return to school with the school supplies they need to learn and to succeed in the classroom. Local businesses, organizations, clubs and churches are encouraged to host an Operation Back 2 School drive at their facility between July 16 and August 10, 2018.

If you or someone you know is interested in becoming a host of Operation Back 2 School, visit our website at www.unitedwaytrumbull.org/operation-back-2-school-2. On the United Way website is an Operation Back 2 School toolkit, posters and flyers, collection boxes/bin signs, tips for a successful drive and final collection and distribution information. One may also register to be a host online at https://www.unitedwaytrumbull.org/copy-of-operation-back-2-school or call Cindy Rogers at 330-369-1000, ext. 29. All current hosts and their locations are listed on the Operation Back 2 School webpage. Sites will continue to be added as the Operation grows.

"This drive is not limited to any particular school or district. We would love to reach every school building in every district in Trumbull County," states Ginny Pasha, President. "Our overall goal for Operation Back 2 School is to get school supplies in the hands of all the kids in Trumbull County who come to school without the supplies needed to learn," adds Pasha.

If you are unable to host a drive, but would like to make a monetary donation for United Way to purchase school supplies needed, simply text the word "Trumbull" to 41444 OR make a check payable to United Way of Trumbull County, adding "Operation Back 2 School" in the memo.



Giving students the resources they need.

### United Way@Work & Our 2018 Campaign Kick-Off

**Date:** Friday, August 24, 2018 **Time:** Breakfast at 8-9:30 a.m.

Location: The Eastwood Mall, Center Concourse, 5555 Youngstown Warren Road, Niles

Cost: \$20 per person

To register, please visit our webpage at https://www.unitedwaytrumbull.org/united-way-at-work. Sponsorship opportunities are available.

### THIS CHEVY CRUZE COULD BE YOURS!

Give a minimum of \$260 a year or \$5 a week (for one year) for a chance to **WIN** your choice of a **2018 CHEVY CRUZE** or **\$15,000 CASH!** 

Visit our social media pages to see last year's finalists and winner.



United Way of Trumbull County President Ginny Pasha thanks Greg Greenwood for presenting this wonderful United Way incentive for our 2018 Campaign!

### More about United Way @ Work

United Way @ Work promotes teamwork between community members, co-workers and employees while assisting area **SENIORS**, **VETERANS** and **HOMEOWNERS** who are physically and/or financially unable to maintain their properties by completing "outdoor yard" projects and/or installing smoke detectors. Each project is vetted and assigned with the help of our United Way @ Work partners; Trumbull Neighborhood Partnership, Area Agency on Aging 11, SCOPE of Trumbull County and the American Red Cross.

United Way@ Work is also an opportunity for our volunteers to spend a morning or afternoon at one of our participating partner agency sites to assist with meal services, sorting donated food, clothing and household items or other tasks needed on this day. This option allows for our volunteers to not only give back to the community, but to learn more about the programs United Way funds and about the community needs of Trumbull County.

To learn more about United Way @ Work, to register, or to become a sponsor, please visit our website at https://www.unitedwaytrumbull.org/united-way-at-work.

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### Help Starts Here

























We stand UNITED because this is Our **Community, Our Neighbors, Our** Families, and Our Future ...



MAKE A DIFFERENCE BY LIVING UNITED.